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Cushing's Syndrome: Excessive Body Steroids


Cushing's syndrome is the name of a condition that most commonly occurs in response to high doses of steroids over an extended period of time. These steroids are similar to the natural hormone cortisol, which is produced by the adrenal glands. Steroid drugs that can lead to this condition include prednisone, dexamethasone (Decadron), and methylprednisolone (Medrol). These medications are sometimes prescribed to treat inflammatory conditions or to prevent organ transplantation rejection. Cushing's can result from overproduction of cortisol by the adrenal glands. The overproduction may be related to a tumor. Signs of Cushing's syndrome include a fatty hump between the shoulders, a rounded face, and purple or pink stretch marks on the skin. High blood pressure, bone loss, and diabetes are other potential consequences of this condition.

Treatment for Cushing's syndrome is aimed at reducing the level of cortisol in the body. If the condition is caused by prolonged use of steroid medications, the dose may be adjusted or the person may be switched to a noncorticosteroid treatment. If the body is producing an excessive amount of cortisol, medications such as ketoconazole (Nizoral) and metyrapone (Metopirone) are sometimes prescribed.

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Eagle Lake Headlight

Attend the Church of Your Choice...

EQUIPPERS OUTREACH FELLOWSHIP INTERNATIONAL: 200 N. College, Weimar, Texas 78962; 979-725-8233; Pastor Jerry Adkins.
 GREATER RISING STAR BAPTIST CHURCH: 580 Old Altair Road, Eagle Lake; Rev. Truman Scott Sr., Pastor; 234-2423 or 758-3745.
 GREATER UNION BAPTIST CHURCH: Matthews Community; Co. Rd. 141; Rev. Lawrence C. Robertson, Pastor; 234-2581.
 MT. CARMEL MISSIONARY BAPTIST CHURCH: Hwy. 90-A (Pecan Valley), Eagle Lake; Rev. H.O. Williams, Pastor; 234-5813.
 LIVING HOPE CHURCH: Eagle Lake; Revs. Joe and Mercy Fling; 234-5336.
 BEREHA CLADIC: 623 Maple Avenue, Eagle Lake; 234-2130.
 ROCK ISLAND FULL GOSPEL: P.O. Box 232, Rock Island; 234-5840.
 CHRISTIAN CITY FELLOWSHIP: 1140 Meyer, Sealy; Rusty Griffin, Pastor.
 THE DAY OF PENTECOST APOSTOLISTIC REVIVAL RISING STAR: FM 102 South, Matthews; 4 p.m. (at Mt. Zion), Rev. R.L. Carter Sr.
 GREATER NEW FAITH CHURCH: 6406 Guylar, Wallis; Rev. Clay Spears, Pastor; 979-478-2169.
 EAST BERNARD FIRST BAPTIST
 FIRST BAPTIST: 527 N. Lake, Eagle Lake; Rev. Kevin Collison, Pastor; 234-2571.
 FRIENDSHIP BAPTIST: 405 S. Lake, Eagle Lake; 234-5795.
 IGLESIA BAUTISTIA GETSEMANI: 901 B Street, Eagle Lake; Rev. Mario Vasquez.
 GREATER MT. OLIVE BAPTIST: Rev. Dave Curry; 709 N. Lake, Eagle Lake; 234-3545.
 WRIGHT GROVE BAPTIST: Rev. T.J. Cunningham Jr.; Altair.
 PROVIDENCE BAPTIST: 1207 Seaholm, Eagle Lake; Rev. Coby Shorter Jr.; 234-3735.
 CHRIST EPISCOPAL CHURCH: 306 E. Stockbridge, Eagle Lake; 234-3437.
 ROCK ISLAND BAPTIST: Bob Allison, Pastor.
 SHERIDAN FIRST BAPTIST: FM 2437; Rev. Jim Dunn, Pastor; 234-3136.
 WHITE CLOUD BAPTIST CHURCH: 202 Old Altair Road, Eagle Lake; Rev. Obie Rhodes, Pastor; 234-3800.

CHURCH OF CHRIST: Sheridan.
 NEW LIFE FELLOWSHIP: Hwy. 90A, Sheridan, Del Sanford, Pastor; 234-3276.
 CHRIST OUR REDEEMER-Charismatic: Jerry C. McKinney, Pastor; 979-478-7534 or 478-6512.
 HOLY CROSS CATHOLIC CHURCH: East Bernard.
 CATHOLIC PARISH OF THE NATIVITY: Our Lady of Perpetual Help Sanctuary; 308 N. Stevenson, Eagle Lake; 8 a.m. (Español), 10 a.m. (English) 6 p.m. Saturday (English). Rev. Robert F. Guerra, P.O. Box 307; 234-2842.
 ST. MARY'S CATHOLIC CHURCH: Box 97, Nada; Fr. Joe Vrana; 758-3218.
 GRACE LUTHERAN: 408 N. Stevenson, Eagle Lake; Services begin at 10 a.m.; Rev. Clements Richard, Pastor; 234-3381.
 LEHRER MEMORIAL UNITED METHODIST: Garwood; 9 a.m. worship.
 LISSIE UNITED METHODIST: J. L. Craft, Pastor; 234-2112, Lissie.
 ROCK ISLAND METHODIST: Ken Sells Jr. Lay-Pastor.
 UNITED METHODIST: 200 W. Prairie; Sunday School 9:30 a.m., Worship, 10:45 a.m.
 FIRST PRESBYTERIAN: 106 E. State Street, Eagle Lake; 234-3368.
 VINE OF THE LORD: 1300 E. State Street, Eagle Lake; Rev. Paul Aguilar, Pastor; 234-7543.
 CrossRoad ASSEMBLY OF GOD: 510 Wallace, East Bernard; Pastor George Kutach; 979-335-7706.
 THE CHURCH OF CHRIST OF LATTER-DAY SAINTS: 600 W. St., Sealy; Marshall Crosby, Branch Pres.
 CHURCH OF CHRIST: 815 Milam, Columbus; Lynn Wilson, Minister.
 THE SHEPHERD'S WAY: Interdenomination Christian Fellowship; 1225 Eagle Lake Road, Sealy, Frank Lucas, Pastor; 979-885-1225.
 SOUTH POINT BAPTIST CHURCH: 6407 Hwy 71-S, Garwood; 979-758-3039.
 ASEMBLEA DE DIOS HOSANNA: 403 East Main, Eagle Lake; 979-732-1966; Pastor Romero Rodriguez Jr.
 BIBLE TRUTH APOSTOLIC CHURCH: Corner of S. Wharton & E. First St., El Campo; Pastor Larry T. Smith, 979-543-2331-non-denominational.

Bible Verse of The Week

"God is able to make all grace abound toward you; that ye...may abound to every good work."
 -2 Corinthians 9:8
 Submitted by Donna Samora

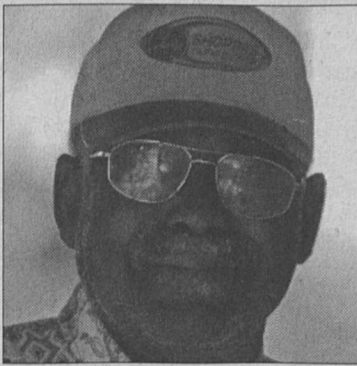
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 Sunday 10 a.m.; Bible Study, 6 p.m.; Wednesday, 7 p.m.
 Pastor: Sonny Rice
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Obituaries

Jewel Briscoe
 Jewel Briscoe, 88, of Eagle Lake, passed away Friday, December 7.
 She was born to Virgil and Ethel Horn on August 28, 1919, in Chesterville, Texas.
 She is survived by her daughter and son-in-law, Pat and Johnny Meitzen; two step-daughters, Claudia Berman and Jackie Gonzales; three grandchildren, Cristi Cobia, Eric Andel and Erin Hawthorne; four great-grandchildren, Zack, Brittany, and Savannah Vasquez and Rebecca Andel; and a host of nieces and nephews.

She was preceded in death by her husband, Preston Brasher, who was killed in WW II; her second husband, Jack Briscoe; her parents, Virgil and Ethel Horn; her sister, Helen Pilkington Owen; and her brother, Willard Horn.
 Jewel had resided at the Oaks Assisted Living in Columbus for the last 18 months and her friends and caregivers there had truly become part of her family.
 She was a member of the First Presbyterian Church in Eagle Lake and greatly appreciated her pastor's visits.
 Family graveside services will be held at Chesterville Cemetery.
 Sympathy is extended to the family in their loss.

Ethel "Essie" Burford Hammons
 Ethel "Essie" Burford Hammons, 81, of Columbus, passed away Sunday, December 9, at her residence.
 She was born September 22, 1926 in Columbus, the daughter of Basil Edward and Ethel Cone Burford.
 Ethel married Walter Lee Hammons on June 16, 1951 and was a retired Elementary school teacher, teaching for Garwood and Columbus ISD. She was also a member of First United Methodist Church in Columbus and the Colorado County Retired Teacher Association.
 She was preceded in death by her parents; and her husband, (Dec. 18, 1989).
 Survivors include her daughters and sons-in-law, Kathy and Bill Shaw of San Antonio and Sarah and Richard Cain of Houston; and two grandchildren, Leeann Tarpley and Jim Shaw.
 Funeral services were held Thursday, December 13 at 10 a.m. from First United Methodist Church in Columbus with Pastor J. Paul Bruhn officiating. Interment followed in Odd Fellows Rest Cemetery in Columbus. Henneke Funeral Home was in charge of arrangements.
 Pallbearers were Bill Shaw, Jim Shaw, Richard Cain, Doak Hartley, Steve Tarpley and Stephen Peters.
 Sympathy is extended to the family in their loss.



Ivory Madison Stewart
 Ivory Madison Stewart was the sixth child born to Willie and Earline Stewart.

He attended Columbus Colored High School in Columbus.
 In January 1947, Ivory united in marriage to Ardelia Hardison. To this union, one son, Toby James was born.

Ivory served in the military and was honorably discharged. Ivory had many skills, and worked a variety of jobs until his health failed.

He is preceded in death by four brothers and one sister.

Ivory loves to mourn and cherish his memory his wife, Ardelia; son, Toby James "Butch"; a loving daughter-in-law, Mildred; and two grandchildren; three sisters, Clarice Ellis, Hazel Fredericks, and Marjorie Berry; two brothers, Willie C. (Faye) an L.J.; two aunts, Eunice Stevenson and Salanthia Stevenson; special cousins, Christina Williams (Wilbert) and Barbara Scales; he will also be remembered by many nieces, nephews, cousins and friends.

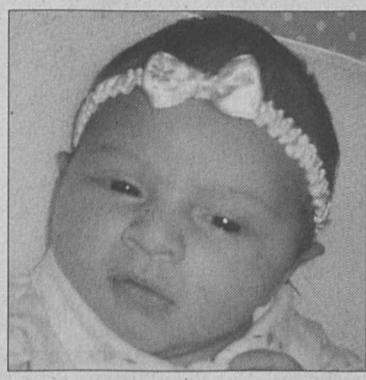
Funeral services were held Monday, December 3 at noon at Greater Mt. Olive Missionary Baptist Church with Pastor Dave Curry officiating. Interment followed at Willing Workers Cemetery in Columbus. Final arrangements entrusted to Lakeside Mortuary in Eagle Lake.

Pallbearers were Ian Hargrove, Louis Barrow, Robert E. Black, Herbert Ashton, Sammy Chavis, and Oscar Thomas, Jr.

Honorary pallbearers were L.J. Stewart, Willie C. Stewart, Alvin Stevenson, and Harvey Stewart.

Sympathy is extended to the family in their loss.

New Arrivals

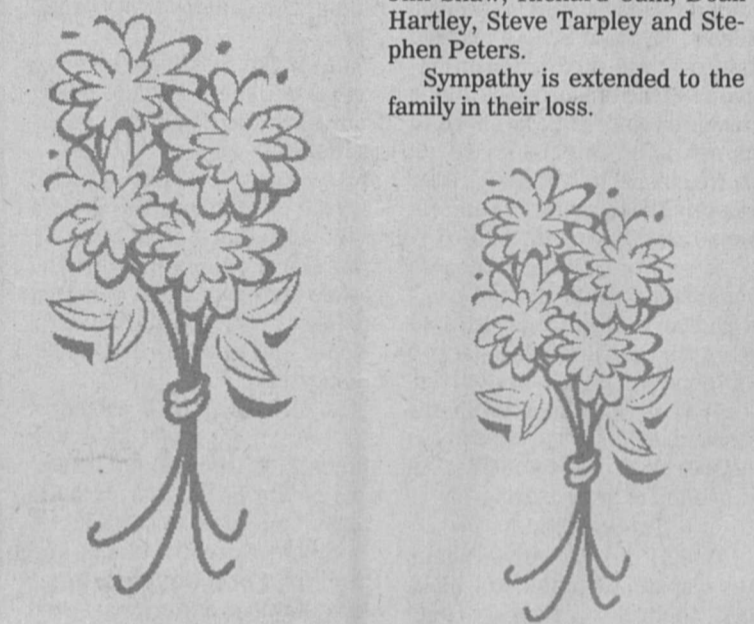
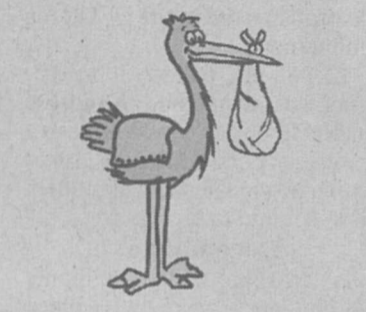


Victoria Taylor Dippel
 Tee and Sunny Dippel of Brenham are "tickled pink" upon the birth of their first child, a daughter, on Monday, November 19, at 2:35 in the afternoon. The six pound-ten ounce bundle of joy has been named Victoria Taylor.

Upon her debut into this world at College Station Medical Center, the little lady measured 19-1/4 inches from the top of her head to the tips of her toes.



Sharing in the joy of Victoria's arrival are her maternal grandparents, Ralph and Connie Gertson of Eagle Lake, and paternal grandparents, Skipper and Kitty Dippel of Brenham.

The newborn's maternal great-grandparents are Dorothy Breithaupt and the late E. H. "Sonny" Breithaupt, and Ralph and JoAnn Gertson, all of Eagle Lake; and paternal great-grandparents, Thomas and Peggy Wright of Nacogdoches and the late Tiesman and Evelyn Dippel. Victoria's great-great grandmother is Pearl Meitzen Ulrich of Eagle Lake.



In Memory Of...

God's Precious Angels

Elizabeth and Rachel Cardenas
 December 15, 1984 - December 15, 2007

I thought the tears I cried yesterday would be my last, but, time won't let me forget the past. Time doesn't heal what was broken, taken so quickly, no words were ever spoken. My heart and mind ache for you, what can stop the pain? Only holding you in my arms once again... I Love and Miss You, Aunt CoCo

County Commissioners

Colorado County commissioners, meeting Monday, agreed to a revised procedure on naming private roads in the county.

Previously, residents asking for the roads to be named, could suggest names.

But now, commissioners said, they will have to be selected from a list of suggested names the county maintains.

David Kotzebue, the 911 addressing coordinator, said there have been conflicts in the past when residents on the same private road want different names.

He noted that Wharton county officials pick the names within input from residents.

Commissioners discussed having a list of available names such as plants or animals and possibly famous people.

Commissioners noted that they have been faced with requests for changes in the names of private roads after land has been sold.

In related action, commissioners renamed a private road in Precinct No. 3, known as KD Ranch Road to Cardiff Lane. They also named a private road in Precinct No. 2 as Spring Time Lane.

In other action commissioners:

-Awarded to bid for a document imaging system for the county clerk's office to Image Tech for \$322,000.

Another bidder had submitted a bid for \$160,000, but County Clerk Darlene Hayek said it did not meet specifications and was more of an estimate.

The imaging system will be purchased from a special document preservation fee collected on documents filed at the courthouse and will not be paid from tax funds.

-Authorizing applying for a state grant to pay 50 percent of the cost of installation of a fueling system at the Robert R. Wells Airport.

Commissioners had earlier authorized spending \$8,000 in county funds for the project as the county's 50 percent.

-Approved a contract to allow Austin County inmates to be housed at the Colorado County Jail.

-Set Jan. 14 t 9:10 a.m. as the date for a public hearing on a proposal to set a speed limit on Raider Drive in Precinct 1, below 30 miles an hour.

-Commissioner Doug Wesels said the road runs between the football stadium and the high school and will get more use when a new junior high is constructed.

-Approved an agreement with the Colorado County EMS and Wharton County Junior College for students at the college to utilize the facilities of the EMS in

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